## ABSTRACT OF THE DISCLOSURE

An adjustable support apparatus, for elevating a furniture article, includes a base and a cradle which operatively engages the base so as to be supported thereby. The cradle includes a substantially horizontal support platform adapted to support a portion of a furniture item thereon. One of the base and the cradle has a plurality of projections extending outwardly thereon, and the other of the base and the cradle has a plurality of recesses, which mate with the projections when the base and the cradle are operatively engaged. The base and the cradle are rotatably adjustable relative to one another, to variously engage the projections and recesses and thereby establish multiple different height positions of the cradle support platform. The apparatus is used to adjustably raise the height level of a furniture article, particularly a bed, by placing individual supports according to the invention underneath the respective leg posts of the furniture article.